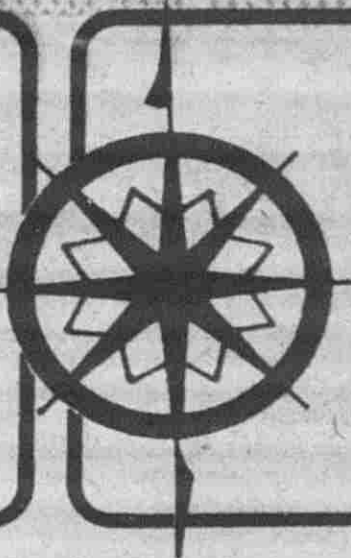


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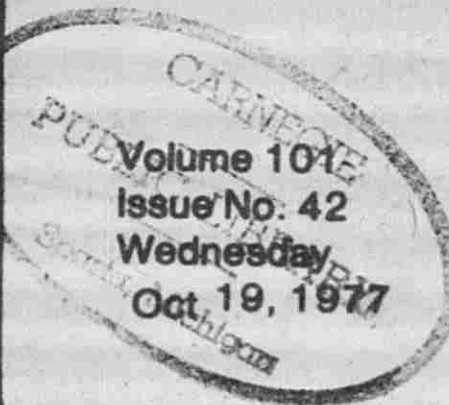
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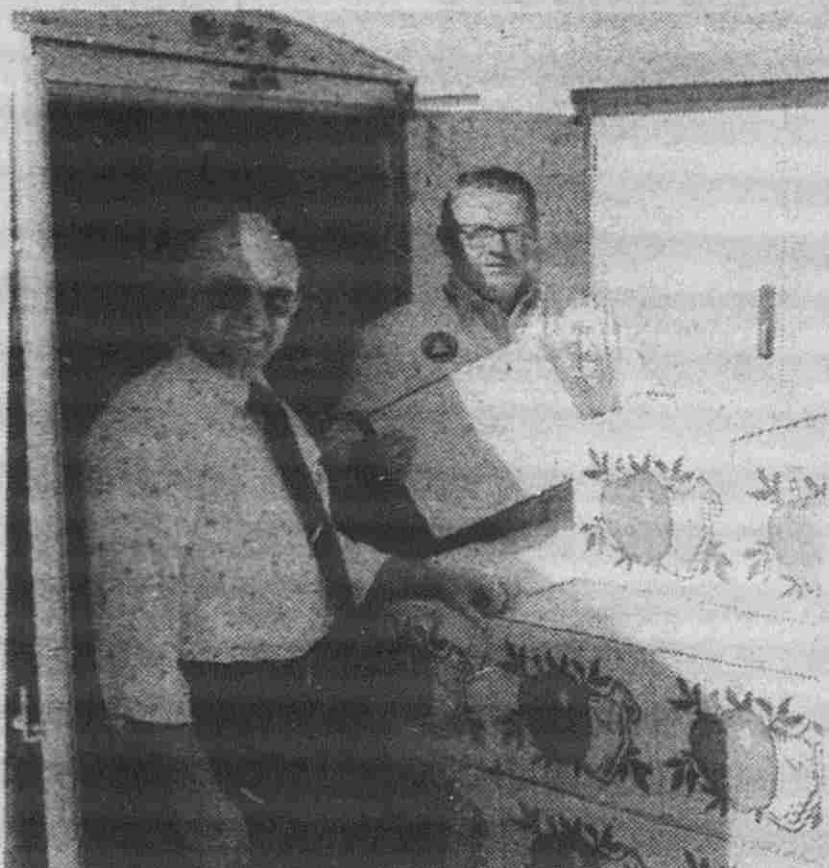
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Bob Beardsley Unloads Apples

An Odyssey To "Mooseheart"

by Gordon Badgerow

Bob Beardsley is a policeman for the Village of Sparta, and a member of the Moose Lodge No. 50 of Grand Rapids. He recently conceived the idea of bringing some apples to "Mooseheart", the "child City", which is near Aurora, Illinois. "Mooseheart" is an elementary and high school financed by Moose membership dues. It is for orphaned children of Moose members in the United States, Canada and Great Britain.

Six years ago Roger Saur, a Sparta Fruit Grower, donated 25 assorted apple trees to Mooseheart, which are now growing well, (two years ago the Michigan Association of Moose donated about 150 apple trees which are also growing at Mooseheart). Last Wednesday Bob towed a U-Haul trailer behind his motorhome out to Roger Saur's and loaded Roger's contributions this time: 46 boxes of apples, 50 cases of

cider (gallons), 20 cases of cider concentrate, and 7 cases of vinegar (pints). National Fruit of Kent City donated 5 cases of No. 50, Wayne Helsel and his wife, Juanita, and Herman VanEck and his wife, Betty, and myself, headed for "Mooseheart" in the motor home with the U-Haul in tow. Ray Colby of the Standard Station in Sparta helped to finance the trip when he learned of its nature.

We stopped for breakfast about mid-morning and arrived at "Mooseheart" at about 1:30 p.m. thanks to good driving conditions and a sunny day, (Mooseheart" is located about 40 miles west of Chicago). We were promptly invited to the cafeteria, which they had kept open for us because they knew we were coming, while the men and boys of the stock room unloaded the trailer.

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HOMECOMING ROYALTY



Sue Lockard

Tom Sheckler

Sue Lockard, daughter of Mr. and Mrs. Jerry Lockard of Sparta, was elected Sparta's Homecoming Queen at the Sparta - Coopersville game last Friday night. She is shown here with Homecoming King Tom Sheckler, son of Mr. and Mrs. Gerald Sheckler of Sparta.

Bus Safety Winners



Judges of the National Bus Safety Week Posters were impressed with the varied ways rules of roadway and bus riding were expressed by students!

The drivers were happy they were not judges, because many very good posters were turned in.

Two little kindergarten girls were happy: 1st prize went to Wendi Cook who attends class at Central Elementary in the afternoon; 2nd place was Julie Norman who goes to kindergarten in the morning at White.

The first graders who won first and second places were equally as thrilled. They were Carol Klein of White School and Kale Cumings of Central.

The enthusiastic second grade winners were Aaron Pike, who attends Central Elementary, and Ron Gomer, who attends Englishville.

Third graders who placed first and second were Timothy Finch of Englishville, and Keith VanBlaricum of Meyers School.

Fourth grade winners were Holly Momber placing first from White, and Amy Kurant of Central placing second.

These students, with their

parents, were invited to the Homecoming Pep Assembly. It was thrilling to see these winners introduced as they showed their own poster.

Faces were beaming as these winners rode the float of the bus drivers in the downtown Homecoming Parade and there was an extra thrill: 1st place winners received three silver dollars and 2nd place winners received two silver dollars.

The posters of the winners are now on display at Sparta State Bank for the public to view.

The drivers thank all the elementary students who submitted a poster. Drivers feel you, as students, are well aware of bus safety rules. You did a great job.

A SPECIAL THANKS to Ardie Sveadas who gave of her knowledge and time to make our float a realization; and to Mr. Ward Shepard for the wagon used these weeks.

Sparta drivers also thank many area industries and business places for the various DONATIONS that were given to make the float. Drivers had a fun-time making it, though the primary purpose is to impress on all that B U S S A F E T Y should be practiced all year.



Beardsley-Helsel With Michigan Apple Trees

Seniors Meals Update

There have been a number of inquiries regarding the Senior Hot Meals Program beginning soon in Sparta. Senior meals definitely will be served to people sixty years of age and over this fall. The latest information available is as follows:

Originally scheduled to open in early October, the meal site was discovered to need renovation to make it barrier-free for use by the handicapped, and this has delayed the opening.

Renovation should be completed soon, and the Civic Center is now expected to begin serving meals in late October or early November.

Watch this paper for the exact starting date. If you have any questions, or wish to register, call 887-8663 for information.

The response to this program has been tremendous. Thank you so much for your interest and support. Keep your eye on the North Kent Leader for further information.

October Is National Apple Month

October is National Apple Month, and we are blessed to be in a area of the country where so many are grown. There is more to the adage "An apple a day keeps the doctor away" than mere sentimentality. Researchers are finding more benefits all the time.

Prevention of hardening of the arteries, prevention of tooth decay, and the effect of the apple on over-all health are being studied. The apple is rich in vitamins, minerals, proteins, fats and carbohydrates. It has vitamins A and C which aid growth and help resist colds. It has sugar for instant energy. It acts as a natural tooth brush, is good for skin problems, good for dieters

because it is filling but low in calories. It's a bubble full of goodness.

Michigan State University researchers tested a segment of students and found those who ate 2 to 3 apples a day had fewer colds, fewer respiratory infections, fewer gastric troubles, and fewer viral infections. They were also well ahead in their ability to withstand pressure.

Rutgers University is studying pectin, found in apples, as a preventative against atherosclerosis, the number one heart disease in the U.S. That's a lot of insurance for such a small pellet.



Some Of 'the "Little Hearts"

